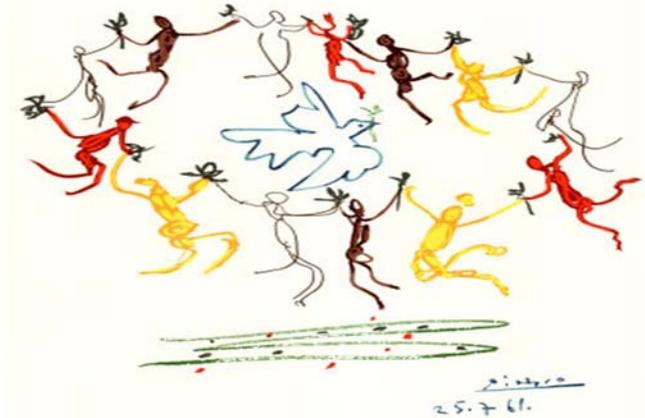


**VIRGINIA ASSOCIATION FOR  
MARRIAGE and FAMILY THERAPY  
&**

George Mason University Counseling and  
Development Program  
&  
Diversity Research and Action Consortium  
**PRESENT**

**Doing Therapy  
with People of  
Non-Dominant  
Cultures**



**A Workshop for Clinicians  
6 Contact Hours**

*with*

**Kenneth V Hardy, PhD**

**Friday, October 14<sup>th</sup> 2016**

@

**Fredericksburg Expo & Conference  
Center**

**Registration**

Registration is limited to licensed mental health professionals (LMFT, LPC, LCSW, LCP, Psychiatrists, Psychiatric Nurse Practitioners), Residents/Supervisees, and Graduate Students currently enrolled in these disciplines. Enrolment is on a first come, first serve basis.

To register, either go to [vamft.com](http://vamft.com) or complete the last panel on this brochure and enclose payment for the correct amount payable to VAMFT. Costs cover workshop, handouts, certificate of attendance, continental breakfast and afternoon coffee. Lunch is on your own and you can choose from a variety of local restaurants.

**Cancellation & Refund Policy**

Any cancellation of attendance must be made in writing and received by VAMFT no later than 9/15/16; a refund less \$35 processing fee will be provided. After this date refunds are not possible, regardless of personal circumstances. It is regrettable that personal circumstances prevent attendance, including medical conditions and emergencies, weather or transportation, however the logistics of event management prevent us from assuming responsibility for these contingencies. A registration may be transferred to another clinician in toto with prior notification to VAMFT.

**Arrangements**

The Fredericksburg Expo & Conference Center is located at **2371 Carl D Silver Parkway**. The registration desk opens at 8:30 a.m. The workshop begins at 9:00 a.m. and concludes at 4:30 p.m. Attendees must sign in. Certificates are awarded only on workshop completion at 4:30 p.m. Free parking onsite. A discounted rate of \$94 per night is available at Hampton Inn & Suites, 1080 Hospitality Lane, Fredericksburg. (540) 786 5530. Make reservations prior to 9/15/16 to receive this rate.

**Sponsored as a service to the  
profession by  
Virginia Association for Marriage &  
Family Therapy**

Ronnie Zuessman, PhD, LCP, LMFT, President

[VAMFT.org](http://VAMFT.org)

**VAMFT PRESENTS** **Doing Therapy with People of Non-Dominant Cultures**

<p><b>Questions?</b></p> <p>Contact Sharede Washington 302-593-3487 spullian18@gmail.com</p>	<p><b>MASTERCARD</b> <input type="checkbox"/> <b>VISA</b> <input type="checkbox"/></p>	<p>Circle Applicable Fee:</p> <table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <th></th> <th>Prior to 9/15/16</th> <th>After 9/15/16</th> </tr> <tr> <td>General Registration</td> <td>\$ 169</td> <td>\$ 189</td> </tr> <tr> <td>VAMFT or AAMFT or VACC Member</td> <td>\$ 149</td> <td>\$ 169</td> </tr> <tr> <td>MFT or GMU Graduate Student</td> <td>\$ 50</td> <td>\$ 70</td> </tr> <tr> <td>Other Graduate Student</td> <td>\$ 75</td> <td>\$ 95</td> </tr> </table>		Prior to 9/15/16	After 9/15/16	General Registration	\$ 169	\$ 189	VAMFT or AAMFT or VACC Member	\$ 149	\$ 169	MFT or GMU Graduate Student	\$ 50	\$ 70	Other Graduate Student	\$ 75	\$ 95
	Prior to 9/15/16	After 9/15/16															
General Registration	\$ 169	\$ 189															
VAMFT or AAMFT or VACC Member	\$ 149	\$ 169															
MFT or GMU Graduate Student	\$ 50	\$ 70															
Other Graduate Student	\$ 75	\$ 95															
<p><b>READY?</b></p> <p>Complete the registration form <b>online</b> at <a href="http://VAMFT.ORG">VAMFT.ORG</a> OR <b>post this form</b> with a check payable to VAMFT OR with this <b>credit card authorization</b> to:</p> <p>Scott Fowler, Treasurer 101 Nat Turner Blvd Newport News, VA 23606</p>	<p>Authorizing Signature</p>	<p>NAME ON CARD:</p>															
<p>CREDIT CARD # _____</p> <p>EXPIRATION Month / Year ____ / ____ 3 DIGIT CODE FROM BACK _____</p>																	

## Doing Therapy with People of Non-Dominant Cultures

The changing complexion of our society, the ever-growing wave of new immigrants rushing to United States soil, and the shifting definitions of what and who constitutes a family are just a few of the emerging trends that make living and practicing in today's complex and diverse world a formidable challenge for many of us. The one size fits all approach that has for so often guided our thinking and ways of being is no longer an effective or desirable instrument for negotiating human interaction. The changing backdrop of our society now means that "truth" and "reality" are largely dependent upon the interlocking dynamics of who is observing and who is being observed. Fluid definitions of truth and reality have accentuated many of the difficulties inherent in building, maintaining, and understanding relationships. Seemingly simple tasks such as 'knowing' what another wants, likes, or means... suddenly has become more complicated. The emergence of reality as a subjective, culturally based experience has left many of us questioning truths that were once considered unquestionable, thus contributing to a sense of tentativeness in our interactions.

In the increasingly diverse world in which we live, it has become imperative for us to examine the myriad of contextual variables such as race, class, gender, religion, and sexual orientation (just to cite a few) that give meaning to our lives and what we consider as truth. Nowhere are these struggles and sensitivities more critical to consider than in the process of family therapy. The psychosocial and socio-cultural landscapes upon which we practice require each of us to engage in the process of rethinking and revisioning psychotherapy. This requires us to consider the ways in which both complex family dynamics as well as the process of therapy are profoundly shaped by the nuances of race, class, gender and a host of other contextual variables. This revisioning asserts that effective therapists must not only understand and master the complex rudiments of psychotherapy, but must also possess a comprehensive understanding of how cultural factors shape both family dynamics and the therapeutic process as well.

## Learning Objectives for Participating in this Workshop Include:

- a conceptual framework for providing effective intervention with non-dominant culture couples and families;
- development of a multicultural perspective to treatment;
- strategies for expanding therapeutic conversations to incorporate issues of race, class, sexual orientation, religion as well as other relevant cultural variables;
- strategies for addressing the invisible wounds of socio-cultural trauma; and
- strategies for exploring relevant Self-of-the-Therapist issues that may facilitate and/or impede therapeutic work

## About the Presenter

Kenneth V Hardy is Professor of Family Therapy at Drexel University in Philadelphia, and is the Director of the Eikenberg Institute for Relationships in New York City. He is an internationally recognized clinician, author, educator, and consultant.

Dr Hardy has received considerable acclaim for the contributions that his numerous publications and videos have made toward challenging mental health professionals to think critically about issues of diversity, trauma and oppression.

Dr Hardy serves on the editorial boards of: Journal of Marital and Family Therapy, Journal of Family Psychotherapy, Journal of Divorce, Journal of Couples Therapy, Journal of Family Counseling, and Psychotherapy Networker.

Dr Hardy has co-authored books, including: Culturally Sensitive Supervision – Diverse Perspectives and Practical Applications; Minorities and Family Therapy; Teens Who Hurt – Clinical Interventions for Breaking the Cycle of Violence; and Revisioning Family Therapy – Race, Class, Gender and Culture.

Dr Hardy's video "The Psychological Residuals of Slavery" serves as a catalyst to promote conversations about race relationships. Dr Hardy provides consultation and Diversity and Racial Sensitivity training across higher education institutions and human services agencies.

Dr Hardy maintains a practice in New York, New York.

<b>Registration Doing Therapy with People of Non-Dominant Cultures</b> 14 October 2016 @ The Fredericksburg Expo & Conference Center		Complete both sides of this panel, detach & mail with payment / authorization.  LCP <input type="checkbox"/> LMFT <input type="checkbox"/> LPC <input type="checkbox"/> LCSW <input type="checkbox"/> Psychiatrist <input type="checkbox"/> Resident/Supervisee <input type="checkbox"/> Psychiatric Nurse Practitioner <input type="checkbox"/> MFT or GMU Student <input type="checkbox"/> Other Grad Student <input type="checkbox"/>  Please Identify Any Special Needs
PRINT your Name		
Street Address		
City & Zip Code		
Mobile Telephone		
e-mail address		
Please check this box if you <b>do not</b> consent to have your name and e-mail address on the list provided to all workshop participants: <input type="checkbox"/>		